

farm & food

Morning Basket

+ Charlotte Mason Inspired Copywork





Table of Contents



Week 1

Brief history of food, agriculture inventions
types of farms & food preservation
Countries: USA and Mexico.

Week 2

Spring, orchards, pollination, chickens.
Countries: Brazil and Spain.

Week 3

Spring continued, tractors, early vegetables, sheep & wool.
Countries: France and Italy.

Week 4

Summer. Planting, corn, honey, hay.
Countries: Greece and Morocco.

Week 5

Summer continued. Dairy cows, farmstands.
Countries: Ethiopia and Israel.

Week 6

Fall, apples, pumpkins, county fairs, pigs.
Countries: India and Thailand.

Week 7

Winter, other farm animals, baking bread.
Countries: China and Japan.

farm & food *Morning Basket*

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What we will cover

- Seasonal farm rhythm from spring until winter
- Short history of farming methods and tools over time
- Go over 14 countries and their food culture + geography
- Discuss your family ancestry and how it relates to food
- Farm animals used for eggs, meat, dairy, wool
- Farming grain such as wheat or rice
- Large-scale operations vs local small family farms
- Encourage weekly connection to food

Weekly rhythm

Or go at your own pace!

Day 1

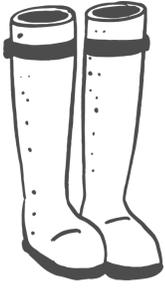
Seasonal farm life + a little farm history

Day 2

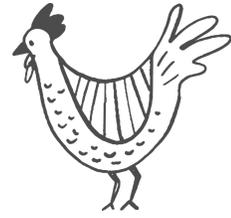
Food culture & geography



Read Books,
do Copywork
+ enjoy Notebooking

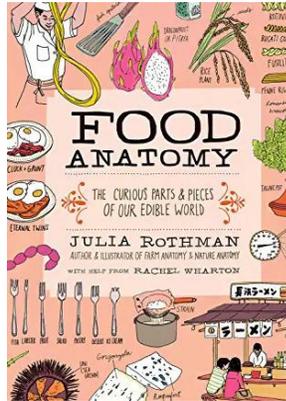
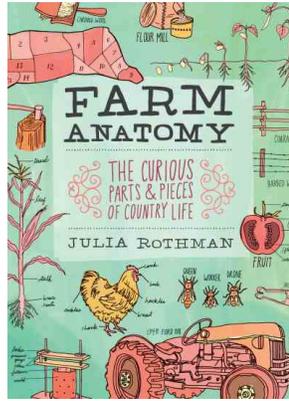
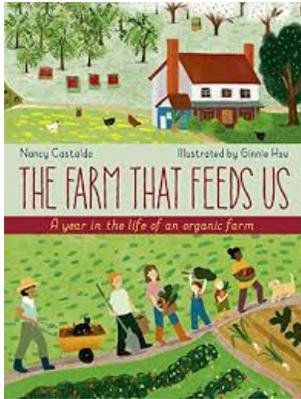


Kids Farm Books



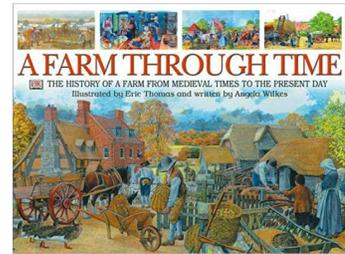
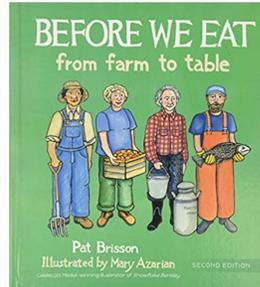
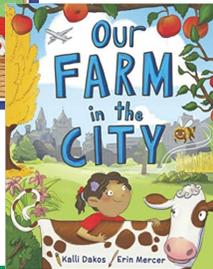
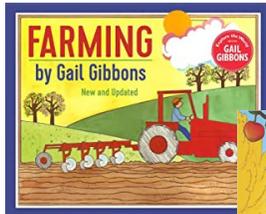
Spine books used

Optional
(secular)

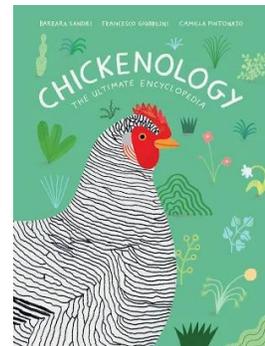
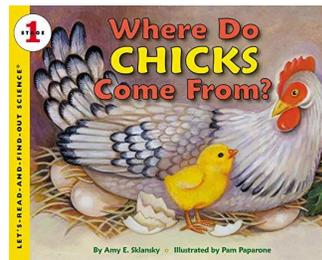
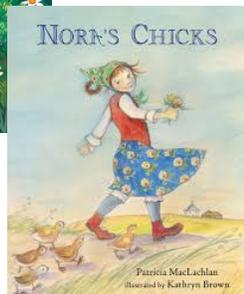


Optional picture books

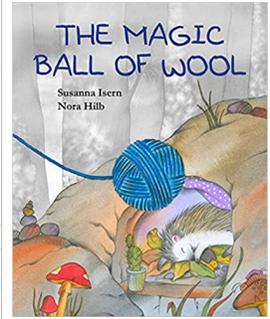
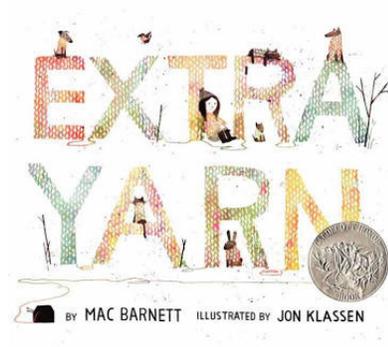
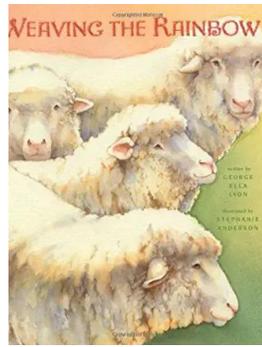
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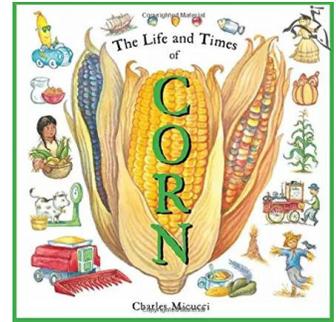
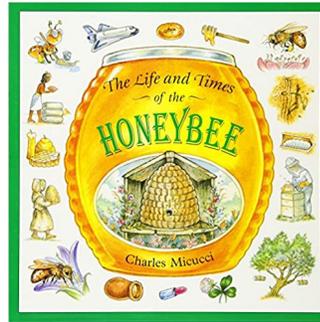
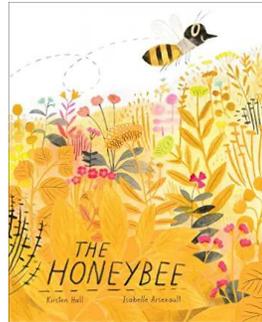
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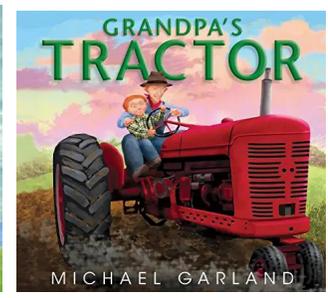
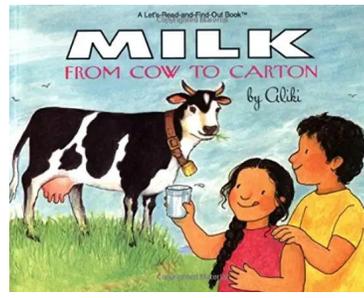
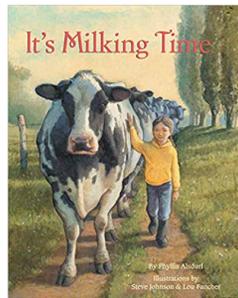
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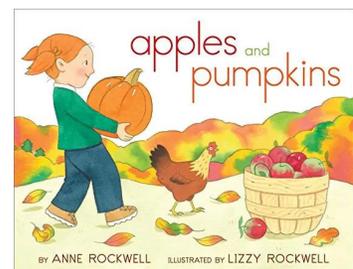
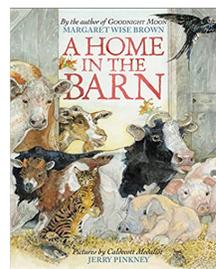
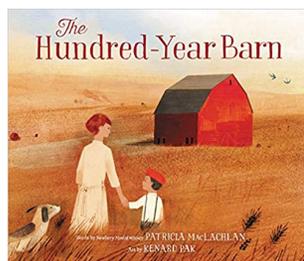
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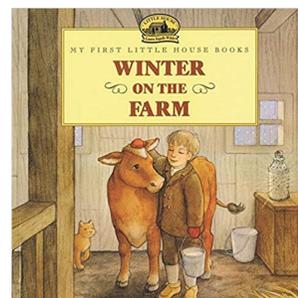
Week 5



Week 6



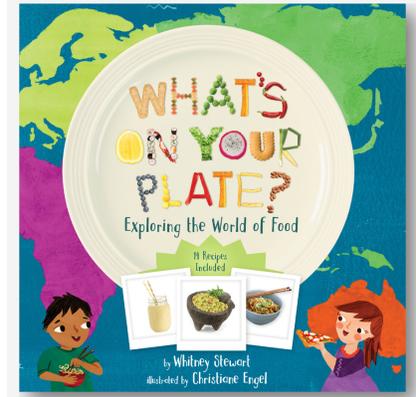
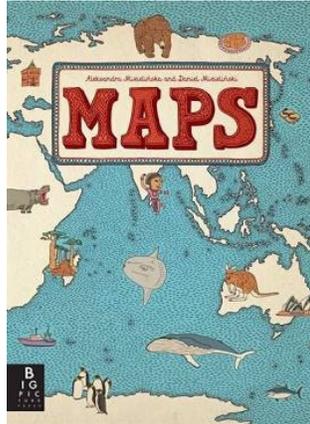
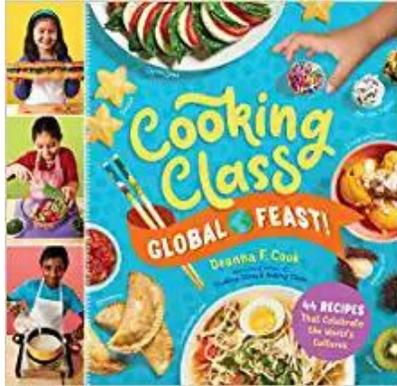
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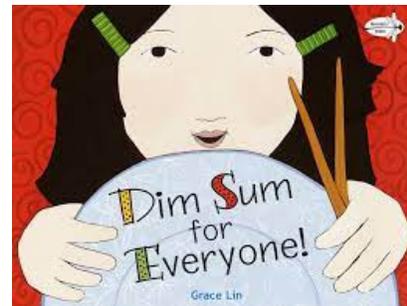
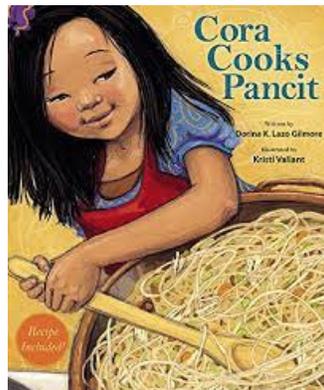
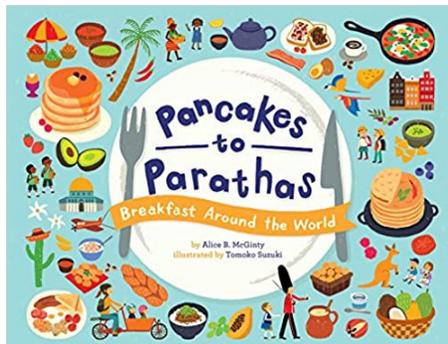
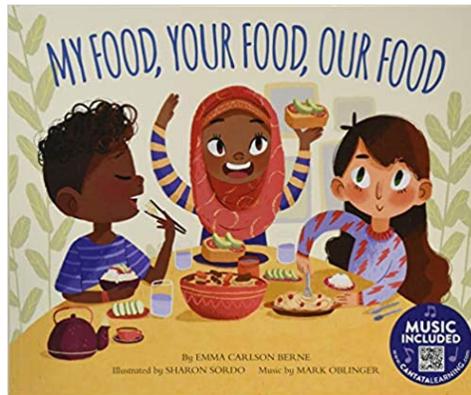
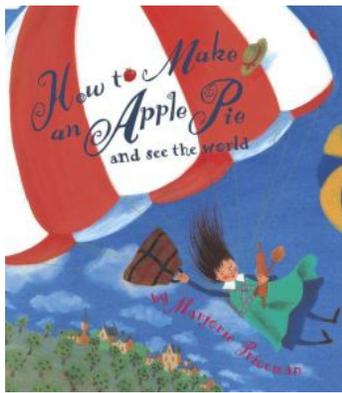
World of Food

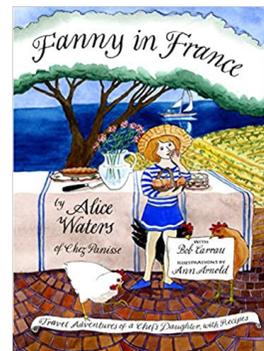
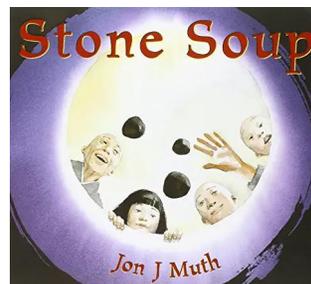
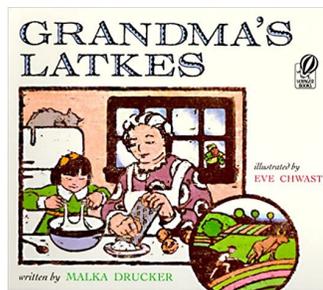
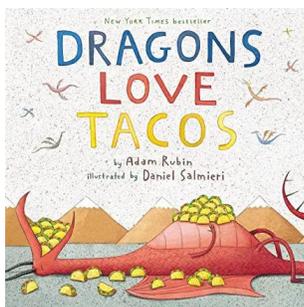
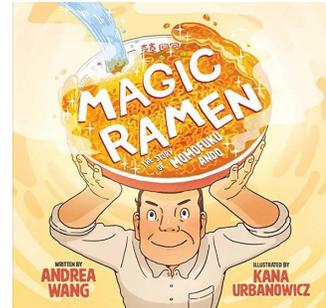
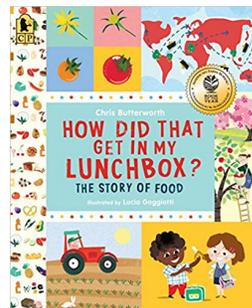
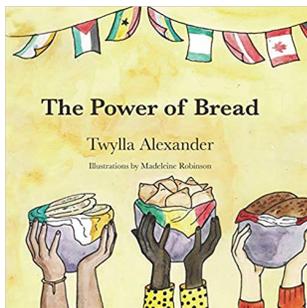
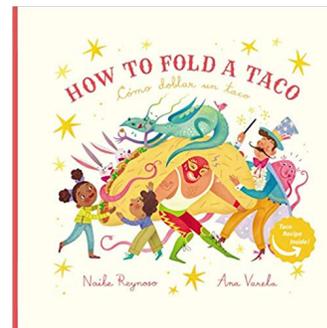
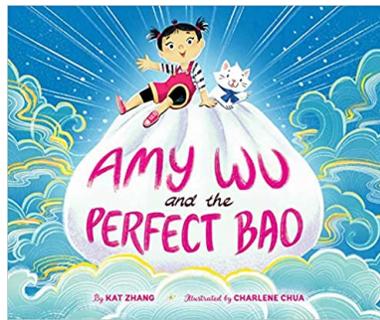
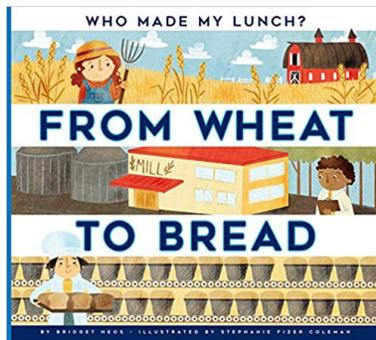
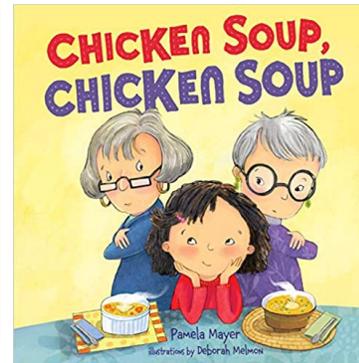
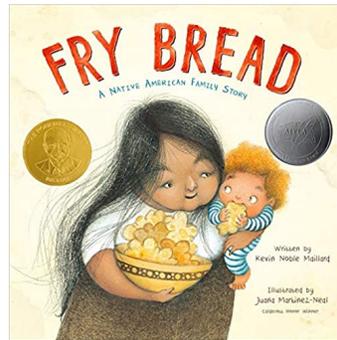
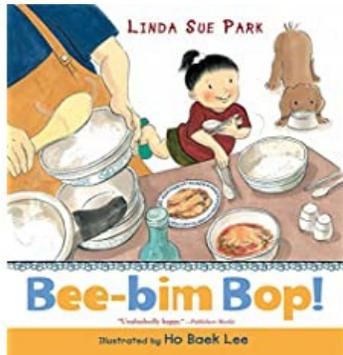
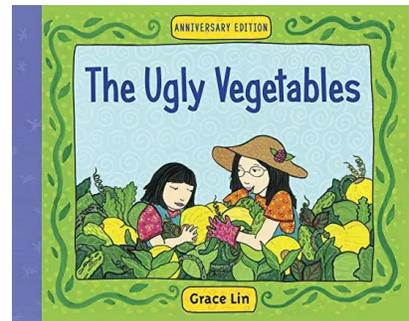
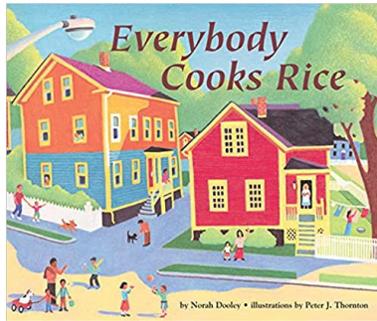
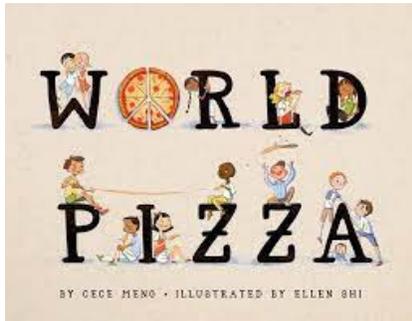
Here are the books that we'll be using as spines for our global food learning.

+ fun stickers at the back



Optional food picture books

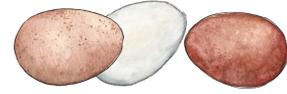






Week 2, Day 1

Reading Flow



Day 1. Spring, Chickens, Orchards,

The Farm that Feeds Us

- p 8- 9 Spring
- p 10- 11 Inside the chicken coop
- p 12- 13 At the orchard

Farm Anatomy

- p 32-35 Chicken coop
- p 108-117 Chickens
- p 118-121 Other poultry
- p 102- 103 Planting an orchard



I Ate Sunshine for Breakfast (optional)

- p 28-29 Birth of a plant
- p 12-16 What is a plant, plant parts.

~ Field Trip Idea ~



Look for a local orchard farm and ask if they do tours! An apple orchard may show you how they make cider.



Discuss

Spring is a very busy time on a farm. After the winter months there's lots of planting and work to be done. Bees wake up and become busy pollinating, and are essential for food to grow from the flowers in orchards. Orchard farms will often rent bees to assure pollination.

Many baby animals are born in the springtime! Which is your favorite?

Design

Design your own chicken coop! How many chickens would you keep? Would you have hens and/or roosters? What breeds of chickens?

Look online for some fun ideas and even chicken coop names. There are many cool heritage chicken breeds, choose which ones you'd have in your flock. Name and draw your imaginary flock.

Make

Make something with eggs this week, maybe it's a breakfast omelette or scrambled eggs, maybe it's custard, pudding or baked creme brule!

Draw

Draw and label parts of a rooster p 109 from Farm Anatomy and/or anatomy of an egg p 115.

Try the float test on p 117 and draw your results.

Week 2, Day 2

Reading Flow



Day 2 Brazil and Spain. The many unique ways you can cook eggs.

What's on your Plate? Exploring the World of Food

- p 6-7 Brazil
- p 8-9 Spain

Maps

- p 84-85 South America
- p 90-91 Brazil
- p 6-7 Europe
- p 32-33 Spain

Connecting with Food

Choose one or both of these two countries and google recipes to make if the ones listed don't suit your family. If you have the option you can order take out from those countries instead.

Cooking Class Global Feast

- p 122-123 Brazilian recipe - Brigadeiro
- p 48-49 Spanish recipe- Pan Con Tomate

~ *Extra Food Fun* ~

Food Anatomy

- p 128-131 Eggs